

## ARTISTIC SWIMMING REPORT

Hampshire held a successful Hampshire County figure competition in November, hosted by Rushmoor Artistic, where we saw all Hampshire clubs take part and also swimmers attended from out of County. Portsmouth Victoria won the overall trophy. We are hopefully going to run a brand new routine competition in May 2024 . Due to the new rules around Artistic Swimming this needs more planning than originally thought but things are on track.

3 athletes from Hampshire have been selected for the GB development/youth squads.

**Portsmouth & District** - Our athletes have passed 27 grades over the last year. Both novice and masters sections have grown this year and new poolside helpers have joined us. We now have 4 L2 coaches and 1 L2 judge, a great achievement for a relatively small Club. We have moved to a new pool and are getting involved with taster sessions for the students. All in all things are looking good.

**Portsmouth Victoria** - We are still recovering from the effects of covid, but swimmer numbers are increasing with swimmers progressing through the club development pathway. National Age group Championships were a success with 13 entries, and 1 silver medal. For the first time in 5 years we entered the team competition and the 12U team won a silver medal. We have 5 athletes in the SE Region Squad. Unfortunately pool space is still an issue with lanes for stamina sessions being particularly difficult to find.

**Rushmoor** - The Club is growing at a slow but steady rate but not yet back to pre-Covid levels. Coaches are difficult to find, especially at L2. However the Club is still successful and medalled in every event at the Regional competition. One athlete is currently in the GB youth squad and is currently training to go to the Croatia Cup in June.