Hampshire Counties 2026
Schedule

Weekend 1	Weekend 2	Weekend 3
17th / 18th January	**7th / 8th February**	**28th February / 1st March**
Saturday	**Saturday**	**Saturday**
Session 1	**Session 5**	**Session 10**
Offcials 101: Open/Male 10-12 4x50m Free Team HDW 102: Female 10-12 4x50m Med Team HDW 103: Open/Male 12-14 400m IM HDW *Break* 104: Female Open 1500m Free HDW	Offcials 301: Open/Male 15/O 100m Free [p] 302: Female 15/O 200m Free HDW [p] 303: Open/Male 15/O 100m Back [p] 304: Female 15/O 100m Breast [p] 305: Open/Male 15/O 400m IM HDW 306: Female 15/O 100m Fly [p] 307: Open/Male 15/O 50m Breast [p] 308: Female 15/O 50m Back [p] 309: Open/Male 15/O 200m Fly HDW 310: Mixed SM1-SM4 150m IM [para only] *Break: 20 minutes* **Finals** Male 15, 16, 17/O 100m Free Female 15, 16, 17/O 100m Breast Male 15, 16, 17/O 100m Back Female 15, 16, 17/O 100m Fly Male 15, 16, 17/O 50m Breast Female 15, 16, 17/O 50m Back	Offcials 501: Open/Male 10-14 200m Free HDW 502: Female 10-14 200m IM HDW 503: Open/Male 10-14 50m Breast 504: Female 10-14 50m Free 505: Open/Male 10-14 100m Back 506: Female 10-14 100m Fly 507: Open/Male 10-14 200m Fly HDW *Break : 20 minutes* **Finals** Female 10/11, 12, 13, 14 50m Free Open/Male 10/11, 12, 13, 14 50m Breast Female 10/11, 12, 13, 14 100m Fly Open/Male 10/11, 12, 13, 14 100m Back
Session 2	**Session 6**	**Session 11**
Offcials 151: Female Open 4x100m Free Team HDW 152: Open/Male Open 4x100m Free Team HDW 153: Female 16/U 4x50m Med Team HDW 154: Open/Male 16/U 4x50m Med Team HDW 155: Female 12-14 400m IM HDW *Break* 156: Open/Male 800m Freestyle HDW	Offcials 351: Female 15/O 100m Free [p] 352: Open/Male 15/O 200m Free HDW [p] 353: Female 15/O 100m Back [p] 354: Open/Male 15/O 100m Breast [p] 355: Female 15/O 400m IM HDW 356: Open/Male 15/O 100m Fly [p] 357: Female 15/O 50m Breast [p] 358: Open/Male 15/O 50m Back [p] 359: Female 15/O 200m Fly HDW *Break: 20 mins* **Finals** Female 15,16,17/o 100m Free Male 15,16,17/o 100m Breast Female 15,16,17/o 100m Back Male 15,16,17/o 100m Fly Female 15,16,17/o 50m Breast Female 15,16,17/o 50m Back	Offcials 551: Female 10-14 200m Free HDW 552: Open/Male 10-14 200m IM HDW 553: Female 10-14 50m Breast 554: Open/Male 10-14 50m Free 555: Female 10-14 100m Back 556: Open/Male 10-14 100m Fly 557: Female 10-14 200m Fly HDW *Break : 20 minutes* **Finals** Open/Male 10/11, 12, 13, 14 50m Free Female 10/11, 12, 13, 14 50m Breast Open/Male 10/11, 12, 13, 14 100m Fly Female 10/11, 12, 13, 14 100m Back
Sunday	**Sunday**	**Sunday**
Session 3	**Session 7**	**Session 12**
Offcials 201: Female 10-12 4x50m Free Team HDW 202: Open/Male 10-12 4x50m Med Team HDW 203: Female 10-14 400m Free HDW *Break* 204: Open/Male 1500m Free HDW	Offcials 401: Open/Male 15/O 50m Free [p] 402: Female 15/O 50m Fly [p] 403: Open/Male 15/O 200m IM HDW [p] 404: Female 15/O 400m Free HDW [p] 405: Open/Male 15/O 200m Back HDW 406: Female 15/O 200m Breast HDW **Finals** Male 15,16,17/o 50m Free Female 15,16,17/o 50m Fly	Offcials 601: Open/Male 10-14 100m Free 602: Female 10-14 100m Breast 603: Open/Male 10-14 50m Back 604: Female 10-14 50m Fly 605: Open/Male 10-14 200m Breast HDW 606: Female 10-14 200m Back HDW *Break : 20 minutes* **Finals** Open/Male 10/11, 12, 13, 14 100m Free Female 10/11, 12, 13, 14 100m Breast Open/Male 10/11, 12, 13, 14 50m Back Female 10/11, 12, 13, 14 50m Fly
Session 4	**Session 8**	**Session 13**
Offcials 251: Female 14/U 4x50m Free Team HDW 252: Open/Male 14/U 4x50m Free Team HDW 253: Female 14/U 4x50m Med Team HDW 254: Open/Male 14/U 4x50m Med Team HDW 255: Open/Male 10-14 400m Free HDW *Break: 20 minutes* 256: Female 800m Freestyle HDW	Offcials 421: Female Open 4x100m Med Team HDW 422: Open/Male Open 4x100m Med Team HDW 423: Female 16/U 4x50m Free Team HDW 424: Open/Male 16/U 4x50m Free Team HDW 425: Female Open 4x200m Free Team HDW 426: Open/Male Open 4x200m Free Team HDW	Offcials 651: Female 10-14 100m Free 652: Open/Male 10-14 100m Breast 653: Female 10-14 50m Back 654: Open/Male 10-14 50m Fly 655: Female 10-14 200m Breast HDW 656: Open/Male 10-14 200m Back HDW *Break : 20 minutes* **Finals** Female 10/11, 12, 13, 14 100m Free Open/Male 10/11, 12, 13, 14 100m Breast Female 10/11, 12, 13, 14 50m Back Open/Male 10/11, 12, 13, 14 50m Fly
	Session 9	
	Offcials 451: Female 15/O 50m Free [p] 452: Open/Male 15/O 50m Fly [p] 453: Female 15/O 200m IM HDW [p] 454: Open/Male 15/O 400m Free HDW [p] 455: Female 15/O 200m Back HDW 456: Open/Male 15/O 200m Breast HDW **Finals** Female 15,16,17/0 50m Free Male 15,16,17/0 50m Fly	