

Hampshire County Championships 2026

Qualifying Times - LONG COURSE

GIRLS/LADIES																
Automatic Times							Consideration Times									
10-11	12	13	14	15	16	17	Stroke	Dist	10-11	12	13	14	15	16	17	
36.70	34.50	32.30	31.20	30.50	30.20	29.50	Freestyle	50	37.90	35.90	33.80	32.00	31.10	31.10	29.90	
1:20.10	1:15.00	1:09.10	1:07.20	1:06.20	1:05.00	1:02.90	Freestyle	100	1:24.00	1:18.40	1:11.50	1:08.50	1:07.80	1:07.00	1:04.60	
2:55.40	2:43.90	2:31.70	2:27.50	2:23.50	2:21.40	2:15.00	Freestyle	200	3:04.00	2:52.30	2:38.70	2:34.00	2:26.50	2:28.60	2:21.50	
6:01.00	5:39.60	5:11.20	5:05.90	4:57.40	4:56.10	4:41.00	Freestyle	400	6:15.00	5:49.30	5:25.20	5:20.00	5:08.70	5:09.60	5:03.10	
	11:35.90	10:47.00	10:17.00	10:14.00	10:12.00	9:39.60	Freestyle	800		12:01.40	11:01.60	10:49.10	10:30.00	10:30.00	10:00.00	
	22:31.20	20:22.20	20:27.80	19:56.40	20:01.00	19:20.00	Freestyle	1500		23:30.00	23:00.00	21:15.00	20:45.00	20:15.00	20:00.00	
42.10	39.90	37.70	36.40	35.70	35.50	33.10	Backstroke	50	42.90	41.10	39.00	38.30	37.50	37.20	35.50	
1:31.40	1:26.20	1:20.00	1:18.80	1:16.70	1:15.60	1:10.20	Backstroke	100	1:34.60	1:28.60	1:24.00	1:22.10	1:19.30	1:19.00	1:17.00	
3:14.90	3:03.60	2:51.40	2:43.70	2:47.50	2:44.50	2:34.80	Backstroke	200	3:22.00	3:07.80	3:02.70	2:53.90	2:53.00	2:52.00	2:42.00	
42.50	39.40	36.40	35.10	33.30	33.90	31.50	Butterfly	50	44.80	42.70	38.70	36.70	35.00	35.00	33.00	
1:36.50	1:30.70	1:19.50	1:15.70	1:14.60	1:13.40	1:09.60	Butterfly	100	1:42.90	1:38.30	1:25.60	1:24.00	1:18.90	1:18.00	1:12.00	
3:48.00	3:28.60	3:12.80	2:54.80	2:50.00	2:48.00	2:36.70	Butterfly	200	4:35.00	4:25.00	3:49.50	3:24.40	3:01.80	3:00.00	2:53.50	
49.50	46.80	44.00	41.70	40.30	40.70	37.60	Breaststroke	50	51.50	49.10	45.30	44.00	41.80	41.50	39.80	
1:47.90	1:38.90	1:33.50	1:30.80	1:27.90	1:29.30	1:22.40	Breaststroke	100	1:55.00	1:44.60	1:37.20	1:36.00	1:32.10	1:31.00	1:27.70	
3:52.70	3:31.40	3:20.00	3:13.50	3:12.80	3:15.00	3:00.00	Breaststroke	200	3:58.00	3:45.80	3:29.00	3:27.00	3:23.30	3:20.00	3:18.20	
3:22.90	3:05.20	2:50.60	2:48.80	2:41.20	2:42.10	2:39.60	IM	200	3:28.50	3:13.50	2:59.60	2:55.00	2:48.90	2:50.80	2:48.00	
	6:23.70	5:55.60	5:58.70	5:47.10	6:02.80	5:44.70	IM	400		6:43.30	6:18.80	6:18.00	6:06.00	6:05.00	6:23.60	

Qualifying Times - SHORT COURSE

GIRLS/LADIES																
Automatic Times							Consideration Times									
10-11	12	13	14	15	16	17	Stroke	Distance	10-11	12	13	14	15	16	17	
36.17	33.93	31.69	30.57	29.85	29.55	28.83	Freestyle	50	37.39	35.36	33.22	31.39	30.47	30.47	29.24	
1:19.09	1:13.92	1:07.92	1:05.99	1:04.97	1:03.75	1:01.60	Freestyle	100	1:23.04	1:17.37	1:10.36	1:07.31	1:06.60	1:05.78	1:03.34	
2:53.45	2:41.81	2:29.44	2:25.17	2:21.10	2:18.97	2:12.45	Freestyle	200	3:02.14	2:50.31	2:36.54	2:31.77	2:24.15	2:26.29	2:19.07	
5:57.12	5:35.48	5:06.70	5:01.32	4:52.69	4:51.37	4:36.01	Freestyle	400	6:11.27	5:45.29	5:20.89	5:15.62	5:04.16	5:05.07	4:58.48	
	11:27.57	10:38.04	10:07.60	10:04.56	10:02.52	9:29.59	Freestyle	800		11:53.37	10:52.84	10:40.17	10:20.80	10:20.80	9:50.33	
	22:15.85	20:05.23	20:10.91	19:39.06	19:43.73	19:02.12	Freestyle	1500		23:15.29	22:44.97	20:58.73	20:28.34	19:57.93	19:42.71	
41.66	39.44	37.21	35.89	35.18	34.98	32.53	Backstroke	50	42.47	40.65	38.53	37.82	37.01	36.70	34.98	
1:30.56	1:25.31	1:19.03	1:17.82	1:15.69	1:14.57	1:09.09	Backstroke	100	1:33.79	1:27.73	1:23.08	1:21.16	1:18.32	1:18.02	1:15.99	
3:13.22	3:01.82	2:49.49	2:41.69	2:45.54	2:42.50	2:32.68	Backstroke	200	3:20.38	3:06.06	3:00.91	2:52.01	2:51.10	2:50.09	2:39.97	
42.10	38.96	35.92	34.60	32.77	33.38	30.94	Butterfly	50	44.42	42.30	38.25	36.22	34.50	34.50	32.47	
1:35.75	1:29.90	1:18.58	1:14.73	1:13.62	1:12.40	1:08.55	Butterfly	100	1:42.20	1:37.57	1:24.75	1:23.13	1:17.98	1:17.06	1:10.98	
3:46.65	3:27.12	3:11.20	2:53.03	2:48.17	2:46.15	2:34.72	Butterfly	200	4:33.89	4:23.84	3:48.16	3:22.89	3:00.10	2:58.28	2:51.71	
48.90	46.17	43.32	40.98	39.56	39.96	36.80	Breaststroke	50	50.93	48.50	44.64	43.32	41.08	40.78	39.05	
1:46.77	1:37.66	1:32.18	1:29.44	1:26.50	1:27.92	1:20.90	Breaststroke	100	1:53.94	1:43.43	1:35.94	1:34.72	1:30.76	1:29.65	1:26.30	
3:50.46	3:28.93	3:17.38	3:10.79	3:10.08	3:12.31	2:57.09	Breaststroke	200	3:55.81	3:43.49	3:26.50	3:24.47	3:20.72	3:17.38	3:15.56	
3:20.99	3:03.10	2:48.32	2:46.49	2:38.78	2:39.69	2:37.15	IM	200	3:26.64	3:11.49	2:57.43	2:52.77	2:46.59	2:48.52	2:45.68	
	6:19.13	5:50.66	5:53.81	5:42.04	5:57.96	5:39.61	IM	400		6:38.95	6:14.17	6:13.36	6:01.20	6:00.19	6:19.03	

Ages are at 31 December 2026

v1.3 -24 November. Amend consideration time for boys, age 13, 400m FS

Hampshire County Championships 2025

Qualifying Times - LONG COURSE

BOYS/MEN/OPEN																
Automatic Times									Consideration Times							
10-11	12	13	14	15	16	17	Stroke	Dist	10-11	12	13	14	15	16	17	
37.60	34.50	32.80	30.10	29.00	27.20	26.10	Freestyle	50	38.90	35.40	33.50	31.00	29.80	28.10	26.90	
1:23.80	1:14.30	1:10.20	1:05.50	1:02.70	59.10	56.90	Freestyle	100	1:25.00	1:17.10	1:14.00	1:07.60	1:05.50	1:00.80	58.20	
3:01.80	2:43.40	2:38.10	2:25.10	2:15.70	2:10.10	2:05.40	Freestyle	200	3:09.00	2:50.80	2:47.00	2:37.00	2:21.20	2:16.20	2:08.60	
5:55.00	5:39.30	5:27.40	4:55.50	4:47.00	4:41.40	4:22.70	Freestyle	400	6:20.00	5:47.50	5:35.00	5:06.30	4:58.50	4:58.50	4:35.10	
	11:38.70	10:59.30	10:01.00	9:48.00	9:40.30	9:13.20	Freestyle	800		11:51.40	11:38.80	10:49.70	10:28.00	10:27.40	9:48.90	
	22:00.00	21:20.00	20:17.60	19:30.00	19:01.30	17:44.60	Freestyle	1500		23:30.00	22:30.00	21:30.00	20:30.00	20:00.00	19:30.00	
44.10	39.60	38.80	35.10	34.70	33.10	30.80	Backstroke	50	45.00	42.50	40.00	37.50	35.90	35.90	32.40	
1:34.40	1:26.20	1:23.70	1:16.50	1:12.00	1:10.00	1:06.10	Backstroke	100	1:38.00	1:29.60	1:27.50	1:19.30	1:16.50	1:16.50	1:11.60	
3:17.00	3:03.80	2:52.20	2:42.30	2:41.40	2:35.80	2:32.00	Backstroke	200	3:33.10	3:13.50	3:07.80	2:59.80	2:52.00	3:05.80	2:49.00	
46.70	40.10	35.80	33.40	31.40	30.60	28.30	Butterfly	50	47.00	43.60	39.00	34.90	33.40	32.50	29.50	
1:41.10	1:28.90	1:17.90	1:15.20	1:08.40	1:07.90	1:02.30	Butterfly	100	1:48.60	1:42.80	1:27.90	1:20.80	1:15.00	1:18.00	1:04.10	
4:08.50	3:45.00	3:05.20	2:51.90	2:39.40	2:50.00	2:25.90	Butterfly	200	4:25.00	4:15.00	3:45.00	3:18.50	3:05.00	3:00.00	2:53.90	
50.10	48.10	45.00	41.60	37.90	37.20	33.60	Breaststroke	50	52.50	50.10	47.60	44.00	39.90	41.60	36.00	
1:47.40	1:45.60	1:34.10	1:29.80	1:22.90	1:23.50	1:13.70	Breaststroke	100	1:53.30	1:50.70	1:40.60	1:33.40	1:26.20	1:29.70	1:20.00	
3:52.60	3:36.90	3:22.50	3:13.40	2:57.90	3:06.80	2:59.00	Breaststroke	200	4:00.40	3:50.80	3:33.40	3:25.60	3:10.50	3:25.00	3:25.00	
3:26.40	3:07.30	2:51.90	2:43.40	2:35.50	2:33.90	2:25.70	IM	200	3:35.00	3:15.30	3:02.80	2:48.50	2:42.40	2:45.50	2:31.80	
	6:20.90	6:06.90	5:36.20	5:38.00	5:38.00	5:05.70	IM	400		6:53.90	6:30.00	5:57.30	5:50.00	5:50.00	5:40.00	

Qualifying Times - SHORT COURSE

BOYS/MEN/OPEN																
Automatic Times									Consideration Times							
10-11	12	13	14	15	16	17	Stroke	Distance	10-11	12	13	14	15	16	17	
37.08	33.93	32.20	29.44	28.32	26.47	25.34	Freestyle	50	38.40	34.85	32.92	30.36	29.14	27.39	26.16	
1:22.84	1:13.21	1:09.04	1:04.26	1:01.40	57.72	55.46	Freestyle	100	1:24.05	1:16.05	1:12.90	1:06.40	1:04.26	59.46	56.79	
2:59.92	2:41.30	2:35.93	2:22.73	2:13.16	2:07.45	2:02.65	Freestyle	200	3:07.19	2:48.79	2:44.95	2:34.81	2:18.77	2:13.67	2:05.92	
5:51.06	5:35.17	5:23.12	4:50.76	4:42.11	4:36.42	4:17.36	Freestyle	400	6:16.32	5:43.47	5:30.82	5:01.72	4:53.80	4:53.80	4:30.00	
	11:30.41	10:50.51	9:51.35	9:38.14	9:30.30	9:02.71	Freestyle	800		11:43.25	11:30.51	10:40.78	10:18.77	10:18.16	9:39.05	
	21:44.29	21:03.80	20:00.56	19:12.27	18:43.12	17:25.11	Freestyle	1500		23:15.29	22:14.64	21:13.92	20:13.14	19:42.71	19:12.27	
43.69	39.13	38.32	34.57	34.16	32.53	30.19	Backstroke	50	44.60	42.07	39.54	37.01	35.38	35.38	31.82	
1:33.59	1:25.31	1:22.78	1:15.49	1:10.92	1:08.89	1:04.92	Backstroke	100	1:37.22	1:28.74	1:26.62	1:18.32	1:15.49	1:15.49	1:10.51	
3:15.34	3:02.02	2:50.30	2:40.28	2:39.36	2:33.69	2:29.84	Backstroke	200	3:31.57	3:11.81	3:06.06	2:57.98	2:50.09	3:04.04	2:47.06	
46.34	39.67	35.31	32.87	30.84	30.02	27.67	Butterfly	50	46.64	43.21	38.55	34.40	32.87	31.96	28.90	
1:40.39	1:28.08	1:16.96	1:14.23	1:07.33	1:06.82	1:01.12	Butterfly	100	1:47.94	1:42.10	1:27.07	1:19.90	1:14.03	1:17.06	1:02.95	
4:07.27	3:43.63	3:03.53	2:50.10	2:37.45	2:48.17	2:23.77	Butterfly	200	4:23.84	4:13.80	3:43.63	3:16.94	3:03.33	2:58.28	2:52.12	
49.51	47.48	44.34	40.88	37.11	36.39	32.70	Breaststroke	50	51.94	49.51	46.98	43.32	39.15	40.88	35.16	
1:46.26	1:44.44	1:32.79	1:28.43	1:21.41	1:22.02	1:12.02	Breaststroke	100	1:52.22	1:49.60	1:39.38	1:32.08	1:24.77	1:28.33	1:18.46	
3:50.35	3:34.49	3:19.91	3:10.69	2:54.95	3:03.99	2:56.07	Breaststroke	200	3:58.23	3:48.54	3:30.95	3:23.05	3:07.75	3:22.45	3:22.45	
3:24.52	3:05.22	2:49.63	2:41.01	2:32.99	2:31.36	2:23.02	IM	200	3:33.20	3:13.31	3:00.67	2:46.19	2:40.00	2:43.14	2:29.23	
	6:16.29	6:02.12	5:30.98	5:32.80	5:32.80	4:59.95	IM	400		6:49.66	6:25.50	5:52.39	5:44.98	5:44.98	5:34.83	

Ages are at 31 December 2026

v1.3 -24 November. Amend consideration time for boys, age 13, 400m FS